



**Pathways**

Pathways understands that the Covid-19 outbreak in the UK is unprecedented and has proved to be quite challenging to deal with. To assist you during this difficult time, we have compiled a list of helpful organisations within your area that can be contacted for providing essential shopping and prescription delivery services. Please see below.

### **London Borough of Hounslow: Passingham House**

#### **Hounslow Council**

- Essential food supplies
- Essential support which may range from befriending to more complex care.

**Telephone:** 020 7084 9697

**Email:** [Hub@hounslow.gov.uk](mailto:Hub@hounslow.gov.uk)

**Website:** <https://www.hounslow.gov.uk/hub>

#### **Heston West Covid-19 support**

- Pick up shopping
- Urgent Supplies
- A friendly phone call
- Posting mail

**Telephone:** 07840 047 771\_

**Website:** <https://www.hestonwest.org/covid-19-support.html>

#### **Tupper Butchers (listed on the council website)**

- Telephone to order – when the order is ready the shop rings back – you pay by card, and the food gets delivered to your doorstep.

**Telephone:** 020 8560 4959

#### **Fruit and Veg boxes (listed on the council website)**

- Fruit and veg boxes from the fruit and veg stalls in Hounslow Treaty Centre. Deliveries left on doorstep.

**Telephone:** 07597 360 573