



**Pathways**

Pathways understands that the Covid-19 outbreak in the UK is unprecedented and has proved to be quite challenging to deal with. To assist you during this difficult time, we have compiled a list of helpful organisations within your area that can be contacted for providing essential shopping and prescription delivery services. Please see below.

### **London Borough of Enfield: Esther Doe Lodge**

#### **Enfield Borough Council**

- Picking up medicine/prescription
- Friendly phone call
- Out of food – basic food parcel

**Telephone:** 020 3821 1966

**Website:** <https://new.enfield.gov.uk/services/your-council/enfield-stands-together/>

#### **Age UK Enfield**

- Telephone information and advice
- Telephone befriending
- Health and Wellbeing navigators
- ICAN Service
- Care at home, personal and practical support
- Shopping and prescriptions collections – coming soon
- Activities at home for people with dementia

**Telephone:** 020 8375 4120

**Email:** [info@ageukenfield.org.uk](mailto:info@ageukenfield.org.uk)

**Website:** <https://www.ageuk.org.uk/enfield/about-us/news/articles/2020/covid-19-update/>